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wherein the chambers are designed being one of hermetically sealed with respect to one another and at least partially gas-conductively connected to one another.

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- 7. (Amended) Head restraint according to Claim 6,
 wherein the materials for the filling bodies comprise deformable and
 non-deformable materials.
- 8. (Amended) Head restraint according to Claim 1,
 wherein the duct has at least one valve device of the evacuator assembly located therein.

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10. (Amended) Head restraint according to Claim 9,
wherein a pump for a central locking system in the vehicle can be used as the vacuum pump.

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- 14. (Amended) A vehicle head restraint assembly comprising:

 at least one container with an elastically deformable covering,
 gas and filling bodies in the at least one container,
 a duct connected to the at least one container, and
 an evacuator operable in use to evacuate the gas from the at least one container through the duct.
- 15. (Amended) A vehicle head restraint assembly according to Claim 14, further comprising a pre-crash sensing mechanism operable to activate the evacuator in response to a predetermined crash event involving a vehicle including said head restraint assembly.

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17. (Amended) A vehicle passenger seat assembly comprising: a backrest,

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a headrest composed of at least one container with an elastically deformable covering,

gas and filling bodies in the at least one container,

a duct connected to the container, and

an evacuator operable in use to evacuate the gas from the at least one container through the duct,

wherein said evacuator is disposed at least in part in said backrest.

- 18. (Amended) A vehicle passenger seat assembly according to Claim 17, further comprising a pre-crash sensing mechanism operable to activate the evacuator in response to a predetermined crash event involving a vehicle including said head restraint assembly.
- 19. (Amended) A method of making a vehicle head restraint assembly, comprising:

connecting a plurality of containers together, which said containers each include an elastically deformable covering,

filling at least one of the containers with gas and filling bodies,

attaching a duct to communicate with an interior space of the at least one of the containers, and

providing an evacuator operable to evacuate gas from the at least one of the containers through the duct.

20. (Amended) A method of operating a vehicle head restraint assembly which includes:

at least one container with an elastically deformable covering,

gas and filling bodies in the at least one container,

a duct connected to the at least one container,

said method comprising evacuating gas from the at least one container through said duct in response to detection of a vehicle crash condition.



IN THE DRAWINGS

A Submission of Proposed Drawing Corrections is submitted concurrently herewith.

Applicant's Remarks are set forth starting on the following page.